



In This Together... Learn. Share. Laugh.

Do you have cancer in your family?

No matter the type or stage of cancer - whether you are newly diagnosed, in treatment or are a long term survivor, we are "In This Together" with you on your cancer journey! And best of all, children, family members and friends are included too. Behind our red door at Gilda's Club is where people gather to learn more about cancer, share their experiences with others, and true to our name-sake Gilda Radner, find opportunities to laugh along the way. We are happy to be able to bring our quality program, based in Grand Rapids, to Allegan once a week.

What happens at Gilda's Club?

We are a free cancer support community with a variety of activities in our program. Join in as you'd like. Our professional staff will help guide you. Traditional therapy and counseling are not offered. Everyone here is on a similar journey, and would love to connect with you.

Here is a *sampling* of the many kinds of things we do together here:

Learn

through educational workshops and lectures

Local Area Professionals

Complimentary and Alternative Treatments

Ask the Lawyer

Ask the Doctor

Share

where we talk, network and learn from each other's experiences

Share Your Thoughts

Ice Breaker Time

Book Club Discussion

Support Your Neighbor

Laugh

where you can just let down your hair - whether you have it or not

Picnics

Card Making

Game Night

Holiday Celebrations

Supper Together

Connect With Us

Join us on Monday evenings:

Allegan County Community Foundation Building

**524 Marshall Street/M89
Allegan, MI 49010**

Evening Schedule

5:00-6:00 pm
Supper Together

6:00-7:30 pm
Learn, Share, Laugh activities vary each week

7:30-8:00 pm
Wrap-up Time

Please drop by the Allegan County Community Foundation Building on Monday evenings for more information or to register. Or call us in Grand Rapids at 1-800-326-1419.

For more information, please call Gilda's Club Grand Rapids at **616-453-8300 / 800-326-1419** or visit our website at **gcgr.org**.

Gilda's Club Grand Rapids 1806 Bridge Street NW Grand Rapids Michigan 49504
(just minutes off of I-96 and Lake Michigan Drive)